

[HOME](#)[ABOUT](#)[GRANTS](#)[NEWS](#)[LIFETIME HONORS](#)[PUBLICATIONS](#)[ARTISTIC FIELDS](#)[CONTACT](#)[Home » Art Works Blog](#)

ART WORKS BLOG

Music Saved My Life: How Arts Therapy Helped a Master Sergeant Recover from the Wounds of War

January 26, 2017

Text by Bill O'Brien and audio by Adam Kampe



Music therapist Rebecca Vaudreuil and Michael Schneider, a retired Marine Corps Master Sergeant. Photo by Bill O'Brien.

Art Saved My Life: Master Sergeant Mike Schneider Talks With Music Therapist, Rebecca Vaudreuil

January 25, 2017

00:00

06:23

[transcript »](#)

Two years ago Creative Forces Music Therapist Rebecca Vaudreuil met Master Sergeant Michael Schneider at Walter Reed Medical Center. Newly retired from military service, Schneider was still in treatment for injuries he had suffered during deployment, including traumatic brain injury and PTSD. In this conversation between Schneider and Vaudreuil, he shares how engaging in music therapy allowed him to finally “bypass injuries,” and how he came to understand the true purpose of his healing: “... to put me back into society to help everybody around me, and to be a better person for my family.”

The NEA is partnering with the Department of Defense to place creative arts therapy at the core of patient-centered care for service members at twelve clinical sites around the country, while also increasing access to therapeutic arts activities in local communities for military members, veterans, and their families, and investing in research on the impacts and benefits of these innovative treatment methods. To learn more about the Creative Forces: Military Healing Network, please visit arts.gov

Category:**Art Talk, Arts and Military, Audio****Add new comment****Your name *****E-mail ***

The content of this field is kept private and will not be shown publicly.

Homepage**Comment *****Disable rich-text**☐ Notify me when new comments are posted

By submitting this form, you accept the [Mollom privacy policy](#).

Save**ABOUT THE BLOG**

- [About Art Works](#)
- [Comment Policy](#)

SEARCH THE BLOG

Keywords

Search**RECENT POSTS**